

# Winter Veggie Soup

## ingredients

3 1/2 quarts water	4 tsp. Italian Seasoning
4 C canned tomatoes	1 tsp. rosemary
4 C red potatoes, cut into bite-sized pieces	2 tsp. oregano
4 1/2 tsp Salt	1 T chili powder
4 C chopped veggies*	2 tsp dill
1/3 C minced garlic (10 cloves)	3 cups dry pasta
	1/4 C olive oil
	1 can or 1 1/2 C cooked beans (any kind)
	1 onion, chopped

\*any combo veggies will do - I love carrots, turnips, rutabaga, cabbage, red pepper, green pepper, mushrooms, sweet potato, yams, any winter squash, summer squash, etc.

## directions

Put everything into a large pot and cook until veggies are tender, adding pasta about 12 minutes before finishing.



a gentler and *happier* approach to health